

## ATHLETE OF THE MONTH

(Cook) (Fos-ter)

**COOK FOSTER**

**TRACK AND FIELD – HIGHLANDS CHRISTIAN ACADEMY**

COOK FOSTER, A MARGATE RESIDENT, IS IN FIFTH GRADE AT HIGHLANDS CHRISTIAN ACADEMY AND HAS JUST COMPLETED HIS THIRD YEAR IN ELEMENTARY TRACK AND FIELD. UNDER THE GUIDANCE OF HIS THROWING COACHES, COOK TOOK FIRST PLACE IN JAVELIN AND DISCUS AND THIRD IN SHOT PUT AT THE 2024 ELEMENTARY TRACK CHAMPIONSHIPS. AS COOK NOW TRANSITIONS INTO MIDDLE SCHOOL, HE REMAINS COMMITTED TO HIS OFF-SEASON TRAINING, PROMISING A BRIGHT FUTURE IN ATHLETICS. CONGRATULATIONS!