



Area Agency on Aging  
of Broward County

# Uniper

Visit with your friends  
and family From the  
comfort of your home!



## WHAT CAN YOU DO ON UNIPER?

- ✓ Join live, interactive classes
- ✓ Stay active – physically, mentally, socially and spiritually
- ✓ Share your knowledge in peer-led groups
- ✓ Meet new people
- ✓ Video call family and friends
- ✓ Receive doctor visits from home

**AT NO COST TO YOU**

## EASY TO USE!



Use any TV or mobile device



Connect with doctors and nurses  
with telecare



Video chat with family and friends

## PROGRAMS DESIGNED FOR YOU

- Cognitive and physical training
- Live classes and activities
- Health risk reduction workshops
- Peer chat rooms and peer-led groups
- Rich content library

## ACCESSIBLE AND READY TO USE

- ✓ Works on any TV/Phone/Tablet
- ✓ All equipment included
- ✓ Audio-video enabled
- ✓ Web and Mobile versions
- ✓ Multilingual
- ✓ Training included!
- ✓ Interactive Programs

### Who qualifies for Uniper

**Uniper is available to adults  
60 years or older**

For more information on how you can sign up  
for the Uniper contact:  
[UniperNWD@adrcbroward.org](mailto:UniperNWD@adrcbroward.org)