

**Northwest Focal Point Senior Center District Board
Special Meeting**

Commission Chambers, 1st Floor
City Hall, 5790 Margate Boulevard
Margate, FL 33063

September 21, 2016 at 5:40 p.m.

Board Members Present:

Tommy Ruzzano, Chair
Joyce Bryan, Vice Chair
Lesia Peerman
Joanne Simone

Also Present:

Karin Diaz, Project Director
Douglas Gonzales, City Attorney

Board Members Excused:

Frank Talerico

1. MINUTES FOR APPROVAL – June 15, 2016

The following motion was made by Mrs. Bryan, seconded by Mrs. Peerman:

MOTION: SO MOVE TO APPROVE THE MINUTES FROM THE JUNE 15 MEETING.

ROLL CALL: Ms. Simone, Yes; Mrs. Peerman, Yes; Mrs. Bryan, Yes; Mr. Ruzzano, Yes.
The motion passed 4-0.

2. RESOLUTIONS

A. RESOLUTION 91: A RESOLUTION OF THE BOARD OF THE NORTHWEST FOCAL POINT SENIOR CENTER DISTRICT, APPROVING FISCAL YEAR 2016-2017 ANNUAL BUDGET.

The following motion was made by Mrs. Peerman, seconded by Mrs. Bryan.

MOTION: SO MOVE TO APPROVE.

ROLL CALL: Ms. Simone, Yes; Mrs. Peerman, Yes; Mrs. Bryan, Yes; Mr. Ruzzano, Yes.
The motion passed 4-0.

B: RESOLUTION 92: A RESOLUTION OF THE BOARD OF THE NORTHWEST FOCAL POINT SENIOR CENTER DISTRICT, PROVIDING FOR APPROVAL OF THE MEMORANDUM OF UNDERSTANDING BETWEEN THE FLORIDA INITIATIVE FOR SUICIDE PREVENTION, INC. AND THE NORTHWEST FOCAL POINT SENIOR CENTER DISTRICT FOR SUN PROGRAM WORKSHOPS; AUTHORIZING THE BOARD PRESIDENT AND PROJECT DIRECTOR TO RENEW THIS AGREEMENT UNDER THE SAME TERMS WITHOUT FURTHER BOARD ACTION.

The following motion was made by Ms. Simone, seconded by Mrs. Bryan for discussion.

Mrs. Bryan asked if this is a new company that would be running these workshops. Karin Diaz, director of the Northwest Focal Senior Center (NWFPSC) stated that the Florida Initiative for Suicide Prevention is a nationally recognized foundation lead by Jackie Rosen. Her son committed suicide therefore she has

dedicated her life to helping people to avoid this happens to others. The workshops are 10 weeks long and will be run by a counselor. They will help people manage their emotions and create an action plan. Ms. Diaz also explained that in the senior population has a high incidence of individuals who suffer of depression and this can lead to suicidal thoughts and possibly behavior.

MOTION: SO MOVE TO APPROVE.

ROLL CALL: Ms. Simone, Yes; Mrs. Peerman, Yes; Mrs. Bryan, Yes; Mr. Ruzzano, Yes.
The motion passed 4-0.

C: RESOLUTION 93: A RESOLUTION OF THE BOARD OF THE NORTHWEST FOCAL POINT SENIOR CENTER DISTRICT, APPROVING FLU SHOT CLINIC FOR WALGREENS ON OCTOBER 26, 2016 TO PROVIDE FREE INFLUENZA SHOTS TO CLIENTS OF THE NORTHWEST FOCAL POINT SENIOR CENTER AND CITY OF MARGATE EMPLOYEES ENROLLED IN THE CIGNA HEALTH PLAN AND APPROVING HOLD HARMLESS FORM AGREEMENT; AUTHORIZING THE BOARD PRESIDENT AND PROJECT DIRECTOR TO RENEW THIS AGREEMENT UNDER THE SAME TERMS WITHOUT FURHTER BOARD ACTION.

The following motion was made by Ms. Simone seconded by Mrs. Bryan.

MOTION: SO MOVE TO APPROVE.

ROLL CALL: Ms. Simone, Yes; Mrs. Peerman, Yes; Mrs. Bryan, Yes; Mr. Ruzzano, Yes.
The motion passed 4-0.

D: RESOLUTION 94: A RESOLUTION OF THE BOARD OF THE NORTHWEST FOCAL POINT SENIOR CENTER DISTRICT, TO APPROVE THE MENTAL HEALTH COUNSELING PRACTICUM AND INTERNSHIP AGREEMENT BETWEEN THE NORTHWEST FOCAL POINT SENIOR CENTER DISTRICT AND NOVA SOUTHEASTERN UNIVERSITY, INC. AUTHORIZING BOARD PRESIDENT AND PROJECT DIRECTOR RENEW THIS ANNUAL AGREEMENT UNDER THE SAME TERMS WITHOUT FURHTER BOARD ACTION.

CONTINGENT UPON RECEIPT OF THE EXECUTED CONTRACT.

The following motion was made by Mrs. Peerman seconded by Ms. Simone.

MOTION: SO MOVE TO APPROVE.

ROLL CALL: Ms. Simone, Yes; Mrs. Peerman, Yes; Mrs. Bryan, Yes; Mr. Ruzzano, Yes.
The motion passed 4-0.

E: RESOLUTION 95: A RESOLUTION OF THE BOARD OF THE NORTHWEST FOCAL POINT SENIOR CENTER DISTRICT, PROVIDING FOR APPROVAL OF AGREEMENT WITH FITNESS AND WELLNESS WORKS FOR HEALTH AND WELLNESS CLASSES.

The following motion was made by Ms. Simone seconded by Mrs. Peerman.

MOTION: SO MOVE TO APPROVE.

ROLL CALL: Ms. Simone, Yes; Mrs. Peerman, Yes; Mrs. Bryan, Yes; Mr. Ruzzano, Yes.
The motion passed 4-0.

3. PROJECT DIRECTOR'S REPORT

Ms. Karin Diaz, Project Director of the Northwest Focal Point Senior Center District (NWFPSCD), thanked the Board, the City Attorney, and the City Manager for their assistance and for approving the agreements. Ms. Diaz reported that today is World Alzheimer's Day. The Senior Center is expecting the delivery of two new vehicles very soon. Ms. Diaz also reported that there will be a discussion on senior services in Tallahassee tomorrow and support is needed. Our requests for transportation have gone up in the last two years. Upcoming events are: October 21- Folk Festival, October 26 - Flu Shot Clinic sponsored by Walgreens, November 10 - Golf Tournament. On Thanksgiving day this year we will be open for a short time to the public serving meals while meals are packed to be delivered to people's homes.

4. BOARD MEMBER COMMENTS

Joanne Simone said keep up the good work.

Lesa Peerman said good job.

Joyce Bryan said that she has two aunts that have Alzheimer's disease so this topic hits close to home. She suggested that the Commissioners send an email to the state advocating for more funding for senior services. She also said to keep up the good work.

Tommy Ruzzano said that he thinks that Ms. Diaz does an excellent job and that he can't wait until the new buses get here.

There being no further business, the meeting adjourned at 5:58 p.m.

Respectfully submitted,

Transcribed by Terry Lieberman

Tommy Ruzzano, Chair

Date