



# City of Margate

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## Legislation Text

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**File #:** ID 2018-562, **Version:** 2

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**TO:** Northwest Focal Point Senior Center District Board

**FROM:** Karin Díaz, Project Director

**DATE:** October 17, 2018

RESOLUTION - AMENDING AGREEMENT WITH FITNESS AND WELLNESS WORKS, FOR PROVISION OF HEALTH AND WELLNESS EXERCISE CLASSES, HELD TWICE A WEEK WITH POSSIBILITY OF EXPANSION; AUTHORIZING BOARD CHAIR AND PROJECT DIRECTOR RENEW THIS ANNUAL AGREEMENT UNDER THE SAME TERMS WITHOUT FURTHER BOARD ACTION, AND PROVIDING FOR AN EFFECTIVE DATE.

**BACKGROUND:** The NWFP Senior Center shall continue to offer a variety of exercises sessions suitable to the senior's suggestions and needs. Some of the classes offered through this agreement are: Chair Yoga and TaiChi. These classes are at no cost to the seniors and to the Senior Center.

**RECOMMENDATION:** TO APPROVE

**FISCAL IMPACT:** N/A

**CONTACT PERSON:** Karin Díaz, Project Director